

Annual Report 2019-2020

1) EFR (Emergency First Responder) Programme

The Department of Psychology conducted Emergency First Responder (EFR) on 9th July 2019 for 70 students. Siddharth Ramachandran, an ecologist by degree and a PADI certified Scuba diving instructor by profession part of salty bone divers delivered the session on EFR. During the interactive session the students were given hands on training on how to do CPR and other emergency first aid services.

EFR session emphasized on how to assess an emergency situation be it in college, at home, or in a public place. The session made students understand how to appropriately respond by either giving primary or secondary care to the victims until emergency medical services arrive. The students were given exposure on self-discovery in students, evaluating student understanding and skill mastery during hands-on skills practice, and managing effective scenario-based learning experiences.



Dynamic Participants of the EFR Programme



Trainer giving instructions regarding EFR.



Hands on training were given to the students on how to do CPR and other Emergency First Aid Services.

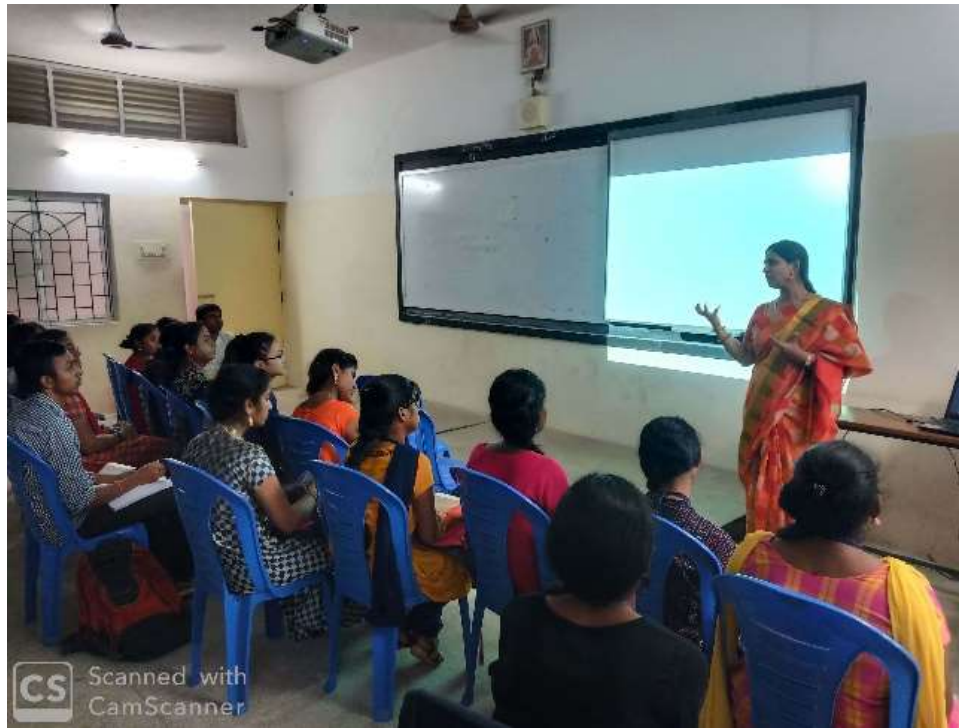
2) Counsellors Training Program

The Department of Psychology in collaboration with *SADBHAVVA COUNSELLING AND TRAINING SERVICES* conducted a five day workshop from 17 - 21 September 2019 titled “*COUNSELLORS TRAINING PROGRAM*” for the student of Psychology Department.

The training program offered opportunities for intensive learning which covered various nuances of counselling skills such as Do’s and Don’ts in counselling, various stages of counselling, issues in counselling and termination. The session was conducted by **Ms. Hemamalini Lakshminarasimhan**, Psychologist & Trainer of Sadbhava Counselling and Training Services. 20 students who intended to be professional counsellors were benefited through the Counsellors Training Program.



Participants of ‘COUNSELLORS TRAINING PROGRAM’ with the Psychologist & Trainer Ms. Hemamalini Lakshminarasimhan from Sadbhava Counselling and Training Services.



During the mould of students from amateurs to Professional Counsellors.

3) Interactive Workshop on impact of Social Media

The Department of Psychology in collaboration with **FORTIS MALAR HOSPITAL** conducted an interactive one day workshop on 10th October 2019 titled “*The power of social media to promote positive mental health*” for the students of Psychology Department.

During the program the students were interacted with the resource person regarding advancements and issues about social media. The session was conducted by **Ms. Sneha George**, Counselling Psychologist, Fortis Malar Hospital and 90 students participated in the workshop.



Resource Person: Ms. Sneha George



Participants of the interactive workshop on “*The power of social media to promote positive mental health*”.

